

JANUARY 2019

Horizons Elementary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

4

Chili w/ cheesy breadstick
PBJ
Asian Chicken Salad

7

Potato Wedges
Fresh Veggies
Fresh Fruit

Milk

Chicken Tenders w/ Biscuit
Yogurt Snacker
Southwest Chicken Salad

8

Corn Salad
Green Beans
Fresh Veggies
Chilled Fruit
Milk

Baked Ziti
Pizza Snacker
Fruit & Yogurt Salad

9

Steamed California Blend
Fresh Veggies
Fresh Fruit

Milk

Monte Cristo Sandwich
Chicken Wrap
Chef Salad

10

Sweet Potato Tots
Fresh Veggies
Chilled Fruit

Milk

Pizza Fiestada Friday
Yogurt Snacker
Caesar Chicken Salad

11

Corn On the Cobb
Fresh Veggies
Frozen Juice Cup

Milk

Chicken Drumsticks w/ rice
PBJ
Buffalo Chicken Salad

14

Steamed Broccoli
Fresh Veggies
Fresh Fruit

Milk

Shaphard's Pie w/ Roll
Yogurt Snacker
Harvest Chicken Salad

15

Green Peas
Fresh Veggies
Chilled Fruit

Milk

Cheesy Fish Sandwich
Turkey & Cheese Sand.
Fruit & Yogurt Salad

16

Baby Carrots
Fresh Veggies
Fresh Fruit
Milk

Sloppy Joe Nachos
Ham & Cheese Sandwich
Chef Salad

17

Bean Salad
California Blend
Fresh Veggies
Chilled Fruit
Milk

Cheeseburger
Yogurt Snacker
Chicken Caesar Salad

18

French Fries
Fresh Veggies
Applesauce

Milk

Chicken Patty Sandwich
PBJ
Asian Chicken Salad

21

Sweet Potato Fries
Fresh Veggies
Fresh Fruit

Milk

Beef Tacos w/ chips & Salsa
Yogurt Snacker
Southwest Chicken Salad

22

Pinto Beans
Fresh Veggies
Chilled Fruit

Milk

Fish Nuggets with
Maccaroni & Cheese
Pizza Snacker
Fruit & Yogurt Salad

23

Green Beans
Fresh Veggies
Fresh Fruit
Milk

Cuban Flatbread
Turkey & Cheese Sand.
Chef Salad

24

Black Bean Salsa w/ chips
Black Beans
Fresh Veggies
Chilled Fruit
Milk

Pizza
Yogurt Snacker
Chicken Caesar Salad

25

Crisp Corn Salad
Corn
Fresh Veggies
Frozen Juice Cup
Milk

Asian Chicken Rice Bowl
With Egg Roll
PBJ
Buffalo Chicken Salad

28

Stir Fry Veggies
Fresh Veggies
Fresh Fruit
Milk

Chicken Nuggets w / roll
Yogurt Snacker
Harvest Chicken Salad

29

Potato Salad
Steamed Carrots
Fresh Veggies
Chilled Fruit
Milk

Alfredo with a twist
Turkey & Cheese Sand.
Fruit & Yogurt Salad

30

Bean Salad
Broccoli
Fresh Veggies
Fresh Fruit
Milk

Korean BBQ Tacos
Ham & Cheese Sandwich
Chef Salad

31

Bermuda Blend Veggies
Fresh Veggies w/ asian
slaw
Chilled Fruit
Milk

DID YOU KNOW...
January's gem is
garnet which
represents
constancy.

